



## A Fresh Start for a Healthier Year

The new year is a great time to focus on healthy habits and overall well-being. Small steps—like staying active, eating nourishing foods, keeping up with routine checkups, and managing stress—can make a big difference over time.

Remember, caring for your health is a year-round journey. Making mindful choices today can help support a healthier, more balanced year ahead. A variety of food assistance programs are available throughout New Mexico to help individuals and families access nutritious foods. Members can visit <https://nmmip.org/members/member-resources/> for more information and available resources. Here's to a healthy and positive start to the new year.

## Change of Address?

Please ensure we have your most up-to-date address to guarantee you receive all important documents, including your monthly statement. Contact Customer service at [NMMIP\\_Customerservice@90degreebenefits.com](mailto:NMMIP_Customerservice@90degreebenefits.com) to update your information.

New Mexico  
Medical Insurance Pool



## Childhood Vaccination Guidance in New Mexico

The New Mexico Department of Health has shared updated information regarding childhood vaccination guidance for families in New Mexico.

Routine childhood vaccines remain available in New Mexico and continue to be covered through the Vaccines for Children Program, Medicaid, and most private insurance plans. There are no current changes being made to vaccine access in New Mexico.

Parents and caregivers are encouraged to discuss vaccination decisions with their child's health care provider and may reference the American Academy of Pediatrics immunization schedule for general guidance.

For additional information or help locating vaccination services, New Mexicans may contact their health care provider or the NMDOH Helpline at 1-833-SWNURSE (1-833-796-8773).

## Important Information Regarding Premium Payments

Premium payments are due no later than the last day of the month prior to the month of coverage. Premium payments must be received in full each month to avoid disruption of coverage. Any balance due shown on your invoice must also be paid to maintain coverage.

Payments by check or money order should be made payable to the New Mexico Medical Insurance Pool, include your member ID, and be mailed to P.O. Box 27745 Albuquerque, NM 87125 prior to the due date.

Signing up for automatic payments (ACH) alleviates worry about your premium payment being received. You can access the automatic payment form on the NMMIP website at <https://nmmip.org/members/automatic-payment-form/>.

If you have questions or concerns regarding your monthly statement, balances due, or how to sign up for ACH, contact **Customer Service at 866-306-1882**.