New Mexico *
Medical Insurance Pool
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Coverage Period: 01/01/2023 – 12/31/2023

Coverage for: Individual | Plan Type: EPO

\$5,000 Deductible Plan

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-844-728-7896 or go to www.nmmip.org. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-844-728-7896 to request a copy.

Important Questions	Answers	Why This Matters:		
What is the overall Per calendar year: Participating Providers \$5,000/individual.		Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.		
What is the Family <u>deductible</u> Savings Provision?	If three (3) or more qualified family members enroll in individual Pool Policies with the same <u>deductible</u> amount, then reduced <u>deductible</u> limits may apply.	The entire Family meets an annual <u>deductible</u> when the total <u>deductible</u> amount for all family members reaches two times the individual <u>deductible</u> amount chosen. Note: If an Enrollee's individual <u>deductible</u> is met, no more charges incurred by that Enrollee may be used to satisfy the Family Deductible.		
Are there services covered before you meet your deductible?	Yes. Network copayments, network preventive care, non-intensive mental health & substance abuse outpatient treatments, and prescription drugs are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .		
Are there other <u>deductibles</u> for specific services?	No. There are no other specific deductibles.	You don't have to meet <u>deductibles</u> for specific services.		
What is the <u>out-of-pocket</u> <pre>limit for this plan?</pre> Per calendar year: <u>Participating Providers</u> \$7,350/individual.		The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.		
What is the Family out- of-pocket Savings Provision?	If three (3) or more qualified family members enroll for Pool Policies with the same <u>out-of-pocket</u> amount, then reduced <u>out-of-pocket</u> limits may apply.	The entire Family meets an annual <u>out-of-pocket</u> limit when the total <u>out-of-pocket</u> amount for all family members reaches two times the individual <u>out-of-pocket</u> limit. Note: If an Enrollee's individual <u>out-of-pocket</u> limit is met, no more charges incurred by that Enrollee may be used to satisfy the Family <u>out-of-pocket</u> .		
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .		

Will you pay less if you use a participating provider?	Yes.: PHCS network Call (866) 930-7427 www.phcs.com. For facilities: Zelis Provider Network. Call (844) 728-7896/ TTY (844) 728-7897 www.nmmip.org	This plan uses a provider network. Services received from an non-participating provider, are not covered unless emergent or urgent. If you receive services from an out-of-network facility, you may receive a bill from the facility for the difference between the facility charge and what your plan pays (balance billing). Be aware, your participating provider might use a non-participating provider for some services (such as lab work). Check with your provider before you get services. *This plan provides certain protections under the New Mexico Surprise Billing Act in the event you receive services from an Out-of-Network provider. Please refer to the NMMIP Policy Booklet: Provider Choices, for more information.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without a referral.



All <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$35 <u>copay</u> /visit	Not Covered	<u>Copayment</u> covers the services performed in the office setting. All combined services rendered during the visit are covered under one copayment.	
If you visit a health care provider's office or clinic	<u>Specialist</u> visit	\$55 <u>copay</u> /visit	Not Covered	Acupuncture treatment and chiropractic care are subject to deductible and 40% coinsurance . Each are limited to 20 visits/calendar year.	
	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Laboratory: \$35 copay/visit X-ray: \$35 copay/visit	Not Covered	Prior Approval required for CTs, PET scans, and MRIs (excludes bone density studies).	
	Imaging (CT/PET scans, MRIs)	40% coinsurance	Not Covered		
If you need drugs to treat your illness or	Generic drugs	Acute: \$10 copay/prescription Maintenance: \$30 copay/ prescription		Prescription drugs apply to the medical total out—of— pocket limit. After the medical out—of—pocket limit is met, prescription drugs are covered at no charge. Acute Retail Medications: up to a 34-day supply.	
condition More information about prescription drug coverage is available at			Not Covered	Maintenance (Retail and Mail-Order) Medications: up to a 90-day supply. Specialty Medications: not available through mail order.	
www.elixirsolutions.	Formulary drugs	Acute: \$35 copay/prescription Maintenance: \$105 copay/ prescription		Prior Approval required for any drug above \$1,500/dose, biologic drugs, or chemotherapeutic drugs. No prescription coverage if you use a non-network pharmacy.	

Non-Formulary drugs	Acute: \$70 <u>copay</u> /prescription Maintenance: \$210 <u>copay</u> / prescription	\$210 Note: N	Experimental & investigational drugs are not covered. Note: New Mexico HB292 allows a cap on copays and out- of-pocket expenses for insulin or medically necessary
Specialty Drugs	30% <u>coinsurance</u> , up to \$400/prescription	Not Covered	alternative at \$25 per prescription for a 30-day supply.



All <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have	Facility fee (e.g., ambulatory surgery center)	40% coinsurance	Not Covered	Prior Approval required.	
outpatient surgery	Physician/surgeon fees	40% coinsurance	Not Covered	None	
If you need immediate medical attention	Emergency room care	\$400 <u>copay</u> /visit		Copayment waived if confined under observation hours or admitted inpatient. Prior Approval required for 23-hour observation stays. Facility fees, professional fees, and ancillary fees charged for the services received in the emergency room during the emergency visit are considered under the copayment. *This plan provides certain protections under the New Mexico Surprise Billing Act in the event you receive services from an Out-of-Network provider. Please refer to the NMMIP Policy Booklet: Provider Choices, for more information. Note: There is no charge for testing and treatment for COVID-19.	
	Emergency medical transportation	40% coinsurance 40% coinsurance		Transportation limited to the nearest hospital or skilled nursing facility that can provide the necessary medical treatment. Non-emergency transport requires prior approval.	
	<u>Urgent care</u>	\$55 <u>copay</u> /visit \$55 <u>copay</u> /visit		<u>Copayment</u> covers the services performed in the <u>urgent</u> <u>care</u> setting. All combined services rendered during the <u>urgent care</u> visit are covered under one <u>copayment</u> .	
If you have a	Facility fee (e.g., hospital room)	40% coinsurance	Not Covered	Prior Approval required.	
nospital stay	Physician/surgeon fees 40% coinsurance		Not Covered	None	

If you need mental health, behavioral health, or substance abuse services	Outpatient services	Non-Intensive Outpatient (Office Visit): No Charge Intensive Outpatient Program: No Charge	Not Covered	Prior Approval required for psychiatric or substance abuse treatment requiring intensive outpatient, residential, or partial outpatient programs.
	Inpatient services	No Charge	Not Covered	Prior Approval required.



All <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

	What You Will		Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non- Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Office visits	No Charge	Not Covered	Cost sharing does not apply to certain preventive	
If you are pregnant	Childbirth/delivery professional services	40% coinsurance	Not Covered	services. Depending on the type of services, deductible and coinsurance may apply. Maternity care may include	
	Childbirth/delivery facility services	40% coinsurance	Not Covered	tests and services described elsewhere in the SBC (i.e. ultrasound).	
				Note: Gynecological and obstetrical ultrasounds do not require prior authorization.	
	Home health care	No Charge	Not Covered	Prior Approval required. Limited to 100 visits/calendar year.	
	Rehabilitation services	\$35 copay/visit	Not Covered	Prior Approval required for physical, occupational and speech therapies.	
	Habilitation services	\$35 copay/visit	Not Covered		
If you need help recovering or have	Skilled nursing care	40% coinsurance	Not Covered	Prior Approval required. Limited to 100 days/calendar year.	
other special health needs	Durable medical equipment	40% coinsurance	Not Covered	Prior Approval required.	
	Hospice services	40% coinsurance	Not Covered	Prior Approval required.	



All **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non- Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Children's eye exam	No Charge - Birth up to 19 years		Limited to one exam/calendar year.	
If your child needs dental or eye care	Children's glasses	No Charge - Birth up to 19 years		Limited to one pair of glasses every 12 months, replacement lenses and minor repairs to glasses.	
	Children's dental check-up	No Charge – Birth up to 19 years		Limited to one exam, cleaning & polishing/calendar year. Excludes dental x-rays.	

Excluded Services & Other Covered Services:

• Cosmetic Surgery

Dental Care (Adult)

- Long-Term Care
- Private-Duty Nursing

- Routine Eye Care (Adult)
- Routine Foot Care (Unless you are diabetic)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture (Max. 20 visits/year)
- Bariatric Surgery
- Chiropractic Care (Max. 20 visits/year)
- Hearing Aids (For members up to age 21)
- Infertility Treatment (Treat medical conditions causing infertility)
- Non-emergency care when traveling outside the U.S.
- Weight loss programs (Health education and counseling)

Your Rights to Continue Coverage: There are no rights to continue coverage under this policy.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: NMMIP, PO Box 1090, Great Bend, KS 67530, (844) 278-7896. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the New Mexico Superintendent of Insurance toll-free at 1-855-427-5674 or <u>www.osi.state.nm.us</u>.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al (800) 290-1368.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (800) 290-1368.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (800) 290-1368.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (800) 290-1368.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,00
■ Primary care copayment	\$35
■ Hospital (facility) coinsurance	40%
■ Other <u>coinsurance</u>	40%

This EXAMPLE event includes services like:

Primary care office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

In this example, Peg would pay:

Cost Sharing			
Deductibles	\$5,000		
Copayments – Prenatal Office Visits	\$0		
Coinsurance	\$2,350		
What isn't covered			
Limits or exclusions	\$0		
The total Peg would pay is	\$7,350		

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's overall deductible</u>	\$5,000
■ Specialist copayment	\$55
■ Hospital (facility) coinsurance	40%
■ Other <u>coinsurance</u>	40%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	\$7,460
Total Example Cost	\$1,400

In this example, Joe would pay:

Cost Sharing		
Deductibles	\$5,000	
Copayments	\$1,100	
Coinsurance	\$960	
What isn't covered		
Limits or exclusions	\$60	
The total Joe would pay is	\$7,120	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$5,000
■ Specialist copayment	\$55
■ Hospital (facility) coinsurance	40%
■ Other coinsurance	40%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,000
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In this example, Mia would pay:

Cost Sharing		
Deductibles	\$2,000	
Copayments	\$220	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,220	

The plan would be responsible for the other costs of these EXAMPLE covered services